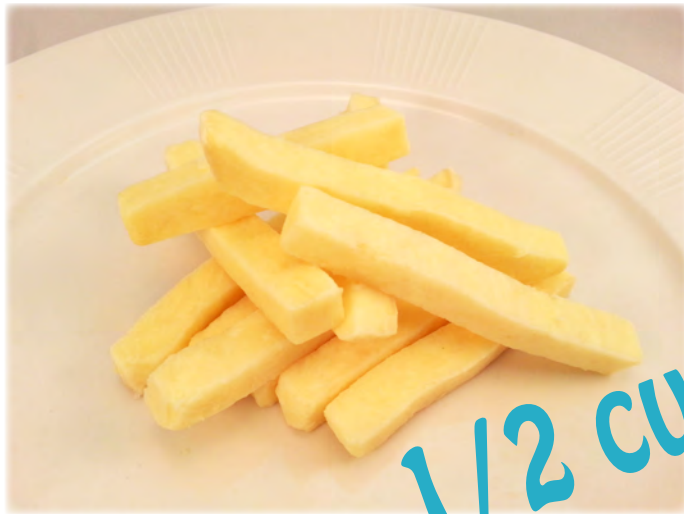


Fresh Snacks

Fruits & Vegetables



WE MAKE NUTRITION EASY!



1/2 CUP

Product Information

Sweet Potato Sticks

Serving Size: 3.52 oz
 Serving per case: 50 individual packs
 Net Weight per case: 11 lbs
 Packaging: 50 individual bags per box
 Shelf life: 10 days from delivery
 Product code: POSWST50352OZCS

fff field fresh foods

phone: 310-719-8422
 Fax: 310-719-8415
 Customerservice@fieldfresh.com

Nutrition Facts

Serving Size 1 Package (100 grams)
 Servings Per Container 1

Amount Per Serving

Calories 90 **Calories from Fat 0**

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Potassium 340mg	10%
Total Carbohydrate 20g	7%
Dietary Fiber 3g	12%
Sugars 4g	

Protein 2g

Vitamin A 280%	• Vitamin C 4%
Calcium 2%	• Iron 4%
Thiamin 6%	• Riboflavin 4%
Niacin 2%	• Vitamin B-6 10%
Folate 2%	•

* Percent Daily Values are based on a diet of 2,000 calories.
 Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	30g	35g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9	•	Carbohydrate 4	•	Protein 4
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Healthy Hunger-Free Kids Act of 2010