

# Fresh Snacks

## Fruits & Vegetables



# WE MAKE NUTRITION EASY!



1/2 CUP

### Product Information

## Pineapple Chunks

Serving Size: 5.00 oz - 1/2 cup

Serving per case: 50 individual packs

Net Weight per case: 15.6 lbs

Packaging: 50 individual bags per box

Shelf life: 10 days from delivery

Product code: FPICH505OZCS

### Nutrition Facts

Serving Size 1 Package (142 grams)  
Servings Per Container 1

Amount Per Serving

**Calories 70** Calories from Fat 0

% Daily Value\*

Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Potassium	150mg	4%
Total Carbohydrate	19g	6%
Dietary Fiber	2g	8%
Sugars	14g	
Protein	less than 1g	

Vitamin A	0%	Vitamin C	110%
Calcium	0%	Iron	2%
Thiamin	8%	Riboflavin	2%
Niacin	4%	Vitamin B-6	8%
Folate	6%		

\* Percent Daily Values are based on a 2,000 calorie diet.  
Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4

**fff** field fresh foods

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Healthy Hunger-Free Kids  
Act of 2010