

Fresh Snacks

Fruits & Vegetables



WE MAKE NUTRITION EASY!



1/2 CUP

Product Information

Broccoli Buds & Cauliflower Buds

Serving Size: 1.40 oz - 1/2 cup
 Serving per case: 50 individual packs
 Net Weight per case: 4.38 lbs
 Packaging: 50 individual bags per box
 Shelf life: 10 days from delivery
 Product code: BRCFFL5014OZCS

Nutrition Facts

Serving Size 1 Package (40 grams)
 Servings Per Container 1

Amount Per Serving

Calories 10 **Calories from Fat 0**

		% Daily Value*
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Potassium	125mg	4%
Total Carbohydrate	2g	1%
Dietary Fiber	0g	0%
Sugars	0g	

Protein less than 1g

Vitamin A 10%	☒	Vitamin C 45%
Calcium 0%	☒	Iron 0%
Thiamin 0%	☒	Riboflavin 0%
Niacin 0%	☒	Vitamin B-6 4%
Folate 6%	☒	

* Percent Daily Values are based on a 2,000 calorie diet.
 Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9	☒	Carbohydrate 4	☒	Protein 4
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fff field fresh foods

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Healthy Hunger-Free Kids Act of 2010